“Tools for Survival and Success”

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Presenters

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Student Demographics

80% Native American
* Surrounded by the Navajo Nation
* Inclusive of the Zuni Pueblo
Barriers to Survival and Success

- No running water and electricity in students’ homes
- Impassable muddy rural roads
- Few books in the homes
- Need for childcare
- The need to care for the family
- Extended family needs
- Transportation: Some students hitchhike for hours to attend class(es)
Incoming Student Data

* 79% in Remedial English
* 82% in Developmental Reading
* 93% in Remedial Math
“Tools for Survival and Success”

- Organization
- Engagement
- Mentoring
Organization
Creation of Goals

* Short and Long Term Goals
  * Selecting a degree plan
  * Academic planning sheet
  * Semester goals
Choosing a quiet study environment
Count down to deadlines – plan ahead
Study groups
Keeping papers organized
Study tips
Study schedule (Post-it notes)
Financial Planning

* Monthly budget
  * First of the month (books, tuition, gas...)

* Cost saving tips
  * Books – rental, used books, digital copies
  * Carpool/Bus
  * Food pantry
Organization
Time Management

* Establish a routine
* Adequate sleep
* Schedule time for study, self, and social events
* Use an online calendar
* Organizational planner
Organizational Planner Apps

- Study Organizer
- Students - Timetable
- myHomework – Study Planner
- Student Timetable Helper
- Student’s Pet
- School Aid – Planner and Agenda
- Student Buddy
- Study Schedule
- Grades: Student Organizer
Engagement Activities

- Interactive new student orientation (CCTE)
- Student cohorts
- In-class introduction games
- “Brown bag”
- Round table discussion
- Campus clubs
Purpose of Mentoring

- Navigate the system
- Provide support
- Provide encouragement (cards)
- Career options
- Fields of interest
- Network
- Develop skills
- Rejuvenate
Details of Mentoring

* Preferred method of contact
* How many times to meet
* Getting to know your mentees
* Active listening
* Confidentiality
* Setting goals – Be specific
* Mentoring template
Mentoring Partnership Agreement

Mentoring Term (Start – End Dates):

Mentor’s Name and Contact Information:

Mentee’s Name and Contact Information:

Proposed Mentor/Mentee Activities (e.g. luncheons, school events, phone calls, etc.):

Partnership Goals:

Expectations (e.g. trust, confidentiality, open communications, respect, professionalism):

Initial Conferencing Notes:

***We, mentor and mentee, will honor the agreement as described above for the ___________ academic year. If at any time during the mentoring period either party elects to terminate the mentoring arrangement, we agree to notify each other and other parties involved in the mentoring agreement no later than two weeks after terminating the mentoring arrangement.

Mentor Signature and Date:

Mentee Signature and Date:
Group Activity

* Form three groups
* Each group goes to an assigned topic
* Each group has five minutes to brainstorm and write ideas
* Rotate to a different topic at five minute intervals
* Reconvene for discussion
Thank You!

Ahxéhee‘

Kwakwhá

Salamat po

Askwali

Elah-kwa